

*Gestalt Therapy Certification Seminar with Louise Bloemen  
therapist & gestalt teacher for over 40 years,  
student of Walter Kempler*

**Orizon Center for Life & Creation**

## **Gestalt Therapy Certification Seminar with Louise Bloemen - The first gestalt cycle**



### **ABOUT GESTALT – The “empty chair” technique**

GESTALT is an energetic tool for harmonization. Each moment of our life is a combined result of many internal and external – often opposite – effects and conditions that create a current formation, „Gestalt“. We can function harmonically, when we have such an inner center that can connect the sometime extremely opposite impacts of the outer world and the negative reactions generated inside us to a harmonic and more and more complete Gestalt. The Gestalt method – as much as Family constellations – works based on the principle of the „knowing field“ called morphogenetic field (where all forms of life belong to) by the well-known scientist, Rupert Sheldrake. The method has been developed by Fritz and Laura Perls.

Using this amazing and very simple tool we can become conscious about and can balance emotions and reactions ruling our daily life since our childhood. Having paid respect with sincerity and gratitude we make the subject of our problem or conflict seated in an empty chair and opposite, from the chair of our personality we can share such thoughts with, or ask such questions from parents, children, partner, boss or parts of our personality – including our Higher Self – we have never dared before. Having asked the questions and leaving our personality in its chair and sitting over into the empty chair as the „other party“, we can have a conversation with the subject or player of our conflict. With the answers received – thus healing that part of ours – we can contribute to a greater and higher wholeness – wellness of our complete selves.

Please check on her web site <http://www.louise-b.com/>

**Where:** Orizon Center at Akrimios, Megala Chorafia-Aptera, 11 km National Road Chania-Rethymnon

**Dates:** 31/10 FREE Gestalt introduction, 1/11 first day of seminar, 7-8/11, 21-22/11 and 28-29/11

**Time:** Saturdays 15:00-20:00, Sundays 11:00-18:00. Please be there half an hour earlier. The course will be begin on time.

**For Whom:** psychologists, psychotherapists, healers, doctors, nurses, sociologists, teachers, kindergarten teachers, all who love psychology or feel they need to offer, for those to whom the word gestalt speaks to and who feel that they must do it.

**Certification:** At the end of the seminar participants will be given a certificate of attendance first gestalt cycle.

The seminar in Chania will be in English with translation into Greek by Ingrid -Margarita Kokotsaki.

**Cost** of the full seminar is 400 Eur. With a deposit at the start, full fee can be paid until January. Therapist can start working right after the seminar and make money to cover the seminar cost.

**For more information** about the participation please contact Archontissa Kokotsaki e-mail: [archon.k@hotmail.com](mailto:archon.k@hotmail.com)

or mobile (+30) 694 6632 733

FaceBook: Gestalt Community



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### **ABOUT THE TEACHER**

Louise Bloemen was born in 1943 in Holland, as second of ten children of a pharmacist father and a nurse mother. She is divorced and has a daughter. She has been working since almost 40 years as a Gestalt therapist, experiential trainer/facilitator and astrologer. Experience of her own crises, deep and wide studies on their understanding and therapies make her dedicated guiding and therapeutic work really authentic.

Her studies in Europe include the Gestalt technique from Walter Kempler, scholar of Perls; Voice dialogue from Hal Stone and Sidra Winkelman, the developers of that method; hospice techniques from Elisabeth Kübler-Ross and from Brazilian psychiatrist, Leo Matos; Non-violent communication from a scholar of Marshall Rosenberg; she participated in the Avatar training of Michel Leterrier. She had studies in India, in the ashram of Osho: concentration exercises of Gurdjieff and meditation; in the USA: the Rebirthing method from founder, Leonard Orr; regression from Chris Griscom...

Louise is a practicing follower of life-long-learning in the fields of therapy, spirituality and especially in Gnostic philosophy. Her leading masters are: Krishnamurti, Osho and Amma. She frequents meetings and events of the Templar Knights, the Sufis, the Golden Rosecross and Theosophy.

Keywords of Louise's work are inner wholeness and conscious harmony – raising our consciousness towards enhancing individual-, family-, social-, and planetary harmony. Her workshops are open for anyone, because they are focusing on the self-experience of the participants, what is deepened by a specific view and attitude, clear thinking, concise and plain interpretation and intuitive approach of her.

Louise introduced herself in Hungary in 2005, in the Summerschool of the Hungarian Transpersonal Association. She regularly facilitates self-developing group works and private sessions with holistic/transpersonal view, using primarily energetic methods (Hellinger's family and systemic constellation, Gestalt, Rebirthing, regression) in Budapest and a few cities in the country. The residential, retreat-like Intensive Spring Weekend and Intensive Summer Week have already a four-year tradition. Based on the 140-hour Rebirthing facilitator training successfully organized already three times altogether for 27 people, Louise will start to guide the 4th Rebirthing Facilitator Training hopefully in May 2015.

Louise is working in English, French, German and Dutch; in Hungary she works in English with consecutive interpretation. She is a member of the European Association for Gestalt Therapy – EAGT.

Please check on her web site <http://www.louise-b.com/>